

# ARE YOU THE PARENT/GUARDIAN OF A CHILD WITH A DISABILITY?



## Join our parent group!

Walking in My Shoes (WIMS) is a monthly meeting for parents of children with special needs to meet, greet and share experiences through facilitated discussions and guest speakers.

[www.wimsparents.ca](http://www.wimsparents.ca)

[wims@citizenadvocacy.org](mailto:wims@citizenadvocacy.org)

613-761-9522



## WALKING IN MY SHOES

ONE MEETING A  
MONTH

3<sup>rd</sup> Tuesday  
7:00-9:00 pm

September 19

October 17

November 21

December 19

ONE CENTRAL  
LOCATION

Citizen Advocacy  
312 Parkdale Ave,  
Ottawa ON K1Y 4X5



## WALKING IN MY SHOES

**Are you the parent/guardian of a child with special needs?**  
**WIMS** is a parent group which meets monthly in one central location.

**Facilitator:** Darlene Donnelly

***Tuesday, September 19, 2017 at 7 pm – The Special Needs Roadmap: From Entering Middle School to Exiting the School System***

Heather Rose and Kim Peterson have conducted years of research which culminated in the love for advocacy and the creation of two parent focused roadmaps.

The first is entitled the “*Ottawa Autism Roadmap*” which guides parents to services & supports for their child. The second is entitled the “*Ontario Special Needs Roadmap for School*” which guides parents in setting up and maintaining the proper special education supports and services for their child in Ontario.

They continue to make strides with on-going research and advocacy.

Join us to ask questions and learn more about how to support your child in the school system.

***Tuesday, October 17, 2017 at 7 pm – Service Coordination: Adult Services and Children’s Case Management Followed by Informal Discussion and Information Sharing***

Case managers from Service Coordination will be joining us for the first 45 minutes of the session to share information about Children’s Case Management and the Adult Services programs. Learn how they can support your child and family to create a plan to meet needs and find available opportunities, resources and services within the community.

The second half of the evening will be information sharing and discussion.

***Tuesday, November 21, 2017 at 7 pm – Making Sense of Your Child's Sensory System***

Janet Carioni is an Occupational Therapist who is passionate about supporting the development of children with neurodevelopmental differences and working together with adolescents and adults to better understand the sensory world around them.

This workshop will provide an introduction to sensory processing. Together, we will explore how differences in processing sensory information may impact your child's attention, learning and behaviours. We will discuss ways to accommodate your child's sensory needs and how to create sensory safe spaces.

***Tuesday, December 19, 2017 at 7 pm – Informal Discussion and Information Sharing  
~ Holiday Gathering and Resource Table ~***

**For more information or to register please email [wims@citizenadvocacy.org](mailto:wims@citizenadvocacy.org) or call 613-761-9522.**

**Location: Citizen Advocacy Ottawa, 312 Parkdale Ave, Ottawa, ON K1Y 4X5**