

Autism Services Ottawa- Y's Owl Maclure Presents

Teens in the Kitchen



Ages: 14 – 19 year of age

Diagnosis: Asperger Syndrome or High-Functioning Autism

Cost: \$180.00 for 6 sessions **(HST included)**

Time: 6:00 – 8:00 pm

Dates: Tuesdays- November.7, 14, 21, 28 Dec. 5, 12, 2017

Location: Y's Owl Maclure Co-operative Centre, Suite 100, 1140 Morrison Drive, Ottawa. Transportation to and from the cooking classes is the responsibility of the individual / family.

Are you interested in cooking? Want to try recipes you can use at home? This cooking class will focus on basic cooking skills. These classes are designed to teach cooking skills that will give teens **semi-independent living skills**. If you want to learn more about healthy eating, kitchen safety and how to prepare and clean up after a meal then this class is for you! Meet new friends and have a lot of fun!

To Register: Contact Sheri Sullivan at (613) 721-1500, ext. 231

e-mail: sheris@ysowlmaclure.org

Space is limited to 10 participants. So be sure to sign up early.

Y's Owl Maclure Co-operative

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