

# Wednesday Night Teen Group



**Group:** 4-8 people

**When:** Wednesday evenings

November 8th - December 20th, 2017

**Cost:** \$50 per session

**Time:** 7:00pm-8:30pm

**Location:** Centrepointe Professional Services,  
98 Centrepointe Drive, Nepean, Ontario,  
K2G 6B1

## Who is Welcome

- Teens between the ages of 14-17 yrs with HFA, ADHD or LD
- Teens who want to make new friends and have fun new experiences
- Anyone who wants to build social skills and achieve their personal goals
- Peer mentors who wish to share their experience

## What will we do?

Have fun, meet new people and receive teaching, guidance and feedback regarding social communication skills. Interact in a safe structured setting, in real situations as well as in the community.

The ultimate goals of the group will be to have the participants improve interpersonal skills, expand their range of social activities and begin connecting with others outside of the structured group format.

## How to Register

To register for the group or gain more information about Northstar Consulting please contact Leanne and Bob at [northstar.consulting2017@gmail.com](mailto:northstar.consulting2017@gmail.com)