



## ARE YOU THE PARENT/GUARDIAN OF A CHILD WITH A DISABILITY?

### Join our parent group!

Walking in My Shoes (WIMS) is a monthly meeting for parents of children with special needs of all ages to meet, greet and share experiences through facilitated discussions

and guest speakers.

Facilitator - Darlene Donnelly

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WALKING IN MY SHOES

## ONE MEETING A MONTH

7:00-9:00 PM

January 16

February 20

March 20

April 17

May 15

June 19

## ONE CENTRAL LOCATION

Citizen  
Advocacy

312 Parkdale  
Ave,

Ottawa ON

K1Y 4X5

### *Tuesday, January 16 – Social roles and Employment with Individuals with Intellectual Disabilities*

Keenan Weller and Allison Moores from LiveWorkPlay will present an information session to support caregivers in building loved ones' social role in the community and employment opportunities.

### *Tuesday, February 20 – Informal Discussion and Information Sharing and Respite Services*

Kim McLeod, AKA Granny K, will join us for the first 30 minutes to share information on Respite Services. Kim and supports families in accessing respite at the Rotary Home and has been an advocate for children and families with disabilities for many years. The rest of the evening will be information sharing and discussion.

### *Tuesday, March 20 – Advocating Effectively for your Child or Teen in the School System*

Join us to hear Tami N. Cogan, Paralegal, from Phoenix Paralegal & Advocacy Services who will share clear and effective strategies for ensuring your child is supported in the school system. She will explain your child's rights and how to best advocate for your child to ensure their best personal outcome.

### *Tuesday, April 17 – Informal Discussion and Information Sharing and Developmental Services Ontario (DSO)*

Karla Hough and Marie Josée Sampson from Developmental Services Ontario will join us for the first part of the session to share information on the referral and eligibility process, assessments and services that can be applied for, including Passport funding. The remainder of the evening will be information sharing and discussion.

### *Tuesday, May 15- Estate Planning for a Loved One with a Disability*

Natalie A. Sanna is an associate lawyer at Persona Law Group. She is dedicated to helping clients and their loved ones plan for, and deal with, disabilities, incapacity, illness and death. She has been drawn to the areas of Wills, Estates, and Trusts, since 2003. Natalie will share how to access, manage and support you and your loved ones to obtain a secure future and peace of mind.

### *Tuesday, June 19 – Informal Discussion and Information Sharing*

Join us to discuss issues, share ideas and your knowledge.