

CREATIVE COPING FOR KIDS

**A FREE 6-WEEK EDUCATIONAL PROGRAM FOR CHILDREN
WHO HAVE WITNESSED FAMILY VIOLENCE**

Open to children ages 5-15
and their mothers, grandmothers,
stepmothers, or other female guardians

Participants will learn about:

- ✓ Safety skills and safety planning
- ✓ Conflict resolution
- ✓ Understanding family violence
- ✓ Positive ways to share feelings
- ✓ Self-esteem
- ✓ Anger management
- ✓ Breaking the isolation of abuse by connecting with others

Registration

Fall Session: August 1 - September 15
Winter Session: December 15 - February 1

Information/Registration:

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