

45 Autism ONTARIO

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ADULT NEWSLETTER | OCTOBER 2018

NEWS, OPPORTUNITIES & RESEARCH


FREE Live Webinar

Women on the Spectrum: A discussion

**Online: Friday, October 12th
12:00 - 1:00 PM**

Join Anne Gingras, Christine Jenkins and Stephanie Moeser for a preliminary discussion about the visibility and challenges facing female identified and women on the autism spectrum.

We invite you to learn from their rich experiences and encourage you to take part in the discussion about issues such as "masking", seeking diagnosis in adult life, health care and more!

Register at
<http://bit.ly/WomenSpectrum>

Anne Gingras was diagnosed with Autism at age 43. Until then she struggled with anxiety, organizational and sensory issues. Even as she progressed through her career as a special education teacher and Autism resource teacher, Anne was left wondering why she felt so different than her peers. Since her diagnosis, Anne has published a book entitled *The Old Man on the Bench (or What I Learned from our Conversations when I Decided to Listen)*. She currently works as a teacher in North Bay, Ontario.



After self-identifying and trying to get assessed for eight months, Christine Jenkins was diagnosed as Aspergers in 2008, at age 48 and 2011 she co-founded AspergerLife in Ontario, a forum for women with Asperger Syndrome. Christine is the co-author of *Spectrum Women: Walking to the Beat of Autism* and a researcher, writer and correspondent for *Spectrum Women Magazine*. Her newest initiative is a support group for women on the spectrum born before 1975 called AsperDames.



Stephanie Moeser currently works as a social worker in private practice in Peterborough, ON. She teaches part time at Fleming College in the Social Service Worker and Developmental Service Worker programs. In the past Stephanie has provided focused on the needs of those with disabilities and Autism and co-occurring mental health needs. Currently, the primary focus of Stephanie's practice is providing counselling supports to youth and adults with ASD and their families.



Women on the Spectrum: A Discussion

Autism Ontario wants you to join Anne Gingras, Christine Jenkins and Stephanie Moeser for a free webinar and preliminary discussion about the visibility and challenges facing female identified and women on the spectrum.

When: October 12, 2018, 12-1pm.

To register, click [here](#).

For more information, click [here](#).



AIDS Committee of Toronto

Autism & 90-90-90: Reaching the Goal

Join guest speakers Brandon Wulff, ASD & HIV Prevention Coordinator and Ryan Lisk, Director of Community Health Programs at ACT as they discuss the preliminary findings on ACT's "ASD & HIV Prevention Needs Assessment" survey and explain the impact that ASD has on negotiating safer sex, accessing services, and community connectivity.

For more information, click [here](#).



CBC Casting Call for Documentary Series

CBC television is looking for talent to take part in their documentary series "You Can't Ask That". "You Can't Ask That" wants to confront prejudice and break down taboos about living with disability by connecting with you and others in your community.

If you are 18 and older and interested in learning more, click [here](#) and ask to connect.

Click [here](#) for the casting call, and [here](#) for social media posts.



Autism Job Club's 2nd Annual Conference "Hire Higher" coming in November!

Hire Higher is the second annual autism + employment conference brought to you by Autism Job Club Halton. This year, we are proudly supported by Autism LifePath - growing opportunities for adults on the spectrum. This year's conference will include our Hire Autism initiative to

connect inclusive hiring practices with employers.

The learn more, click [here](#).



CAMH Offering Free Mindfulness Groups

CAMH has been researching how to support parents and adults on the autism spectrum. As part of this research, they are holding a free web-based mindfulness group for parents and their adult sons and daughters on the autism spectrum to participate in together to learn ways to cope with stress.

When: Six weeks from November 7, 14, 21, December 5, 12, 19, 2019 from 7-8:30pm (log-on at 6:45pm)

For more information, click [here](#).



ASD Peer Support Group - East Region

The ASD peer support group will provide adults with ASD the opportunity to talk about issues that concern them in a safe and non-judgmental environment.

Location: Kerry's Place Autism Services, 1077 Boundary Rd., Suite 212, Oshawa, ON, L1J 8P8

For more information, and to register, click [here](#).



Developmental Services Information Fair

Information from Toronto based agencies on services and supports for transitional youth (16 years of age and older) and adults (18 years of age and older) with a developmental disability.

When: Thursday, October 11, 2018 from 10:00am-7:00pm

Where: 55 Barber Greene Road, # 1 North York, ON M3C 2A1

To view the flyer, click [here](#).

ON EMPLOYMENT



Paid Co-Op Placements Offered

Specialisterne Canada is now working with [Seneca](#) and BMO to recruit neurodiverse students for paid co-op placements.

Visit their [website](#) or contact them at bridge@specialisterne.ca to learn more.



Movati Athletic is hiring in Burlington!

Movati Athletic is hiring Member Experience Associates and Custodians in Burlington!

Deadline to apply is October 19th.

To view the job description and apply, click [here](#).

COMMUNITY



"Hundreds of thousands of women may be going undiagnosed because it's a 'male' disorder"

Lead Autism researcher in the U.K. suggests that large numbers of girls and women are not being diagnosed due to gender bias.

To read this article, click [here](#).

Autism Ontario will be hosting a free online panel discussion on this very topic on Friday, Oct. 12th at 12pm, and you can register by clicking [here](#).

CALL FOR COMMUNITY VOICES

If you have a story, art, research or any other contribution to share, Autism Ontario wants to hear from you!

Autism Ontario welcomes contributions from its readers. Please send your articles, reviews, letters, comments, announcements, etc., to adults@autismontario.com.

Autism Ontario's Adult Newsletter has been developed by Autism Ontario. The editing team of our newsletter strives to include a range of perspectives. These perspectives may or may not reflect the views of Autism Ontario.

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