



DEEN DROP-IN PROGRAM

Disability Empowerment Equality Network

- A weekly 3- hour social group for youth and adults with various developmental disabilities including Autism, Cerebral Palsy, and Down Syndrome.
- Incorporates life skills with recreational activities.
- Facilitates a culturally and spiritually safe environment.
- Provides a sense of community and lasting friendships.
- Give caregivers a break.

Come join our growing group for some fun! We work on basic life skills, do various arts and crafts, physical activities, and much more!! Bring your own snack!

Where: Jami Omar Mosque
(3990 Old Richmond Rd, Nepean)

When: Sundays 2-5pm

We provide Bilingual Services!

Call us for more information at **343-202-5558**, or email us at **ottawa@deensupportservices.ca**