

Helping guide the journey from adolescence to adulthood for individuals with autism.

Launch into Life! Workshops provide parents, caregivers and professionals support in creating an *Individualized Transition Plan*, and are an opportunity to develop goals, learn about community resources, and connect with others.

Workshop participants are provided with valuable information about the following topics:

“Thank you for all the work you put into the workshop, and all the resources provided. It was definitely a springboard for discussion with my husband and son and I have been able to refer another friend to the program.

There is so much to discuss, and it’s great to be able to talk with other parents and hear about their experiences.”
Mary
(Parent and Workshop Participant)

- Understanding and preparing for key transitions across the lifespan.
- Managing health and mental health issues in autism.
- Navigating the change from pediatric to adult health and support care systems.
- Finding the right social and recreational programs in the community.
- Creating a shared vision for the future.
- Developing life and vocational skills.
- Exploring volunteer and work opportunities.
- Understanding housing and supportive programming options in adulthood.
- Legal and Financial issues including guardianship and program funding.

If you would like to get started on transition planning, call [613-224-0729 x228](tel:613-224-0729) or email marnie@tipes.ca for more information on our Launch into Life! Workshop series.

Next Available Workshop Series:

Dates: Friday, April 12th (evening) and Saturday, February 13th ,

Time: Friday-6:30pm-8:30pm

Saturday-9:00am-3:30pm

Cost: \$75 per family/caregiver or professional (includes program materials, *Transition Resource Guide*)

Location: Thinking in Pictures Educational Services

Register: [ADD EVENTBRITE](#)