

# PORTIA SMALL GROUP ABA

THE PORTIA LEARNING CENTRE



## Our Small Group Program

Our small group ABA programs are full-time and part-time programs that focus on group learning, social & play skills, self-regulation, communication, pre-academic, and essential functional living skills.

Daily Routines include craft, circle time, sensory exploration through movement and tactile activities, snack/lunch, table top learning, social games, and independent or co-operative play.

Fine and gross motor skills, self-regulation, communication, and pre-academic skills are targeted during daily routines.

The program is directed by behaviour analysts and implemented by trained ABA therapists using ABA principles and procedures. Progress will be monitored weekly and measured & reported on monthly.

Group learning increases opportunities for social interaction and promotes generalization & observational learning. This helps to prepare children for school and group community settings.





## Group Learning

Skills will be taught by accommodating and modifying tasks to each child's unique learning style. Tabletop activities focus on a variety of skills such as communication, academic, and fine motor. These programs are designed to increase time spent at table and focused on tasks. Building a strong repertoire of focused & seating learning in a group will help facilitate transition into different academic settings.

## Sensory Exploration

Movement and tactile activities give the children a chance to run, play, and participate in programs with their peers. Activities will be geared towards gross-motor play and group interaction.



## Crafts

Craft time engages children in creative activities that target communication, fine motor, social, and artistic skills.

## Communication, Social, & Play

Communication, social, and play skills will be programmed into all activities. Communication goals will be individualized for each learner. Children will learn to share, take turns, ask for breaks, and play co-operatively & independently.



## Snack & Lunch

Snack and Lunch time are opportunities for children to engage in adaptive and communication skills such feeding, cleaning, opening containers, following daily routines, requesting, conversation with peers, and independent & social play.



## Circle Time

During circle time children have a chance to greet their therapists and peers. They will sing songs, listen to stories, and learn about their day, including lessons that go with current themes.

Participating in group activities is an essential skill for school integration. Effective participation in circle time requires several important skills; for example, attending to a leader, observing and following peers, waiting, sharing, and engaging meaningfully with others in the environment.

## Daily Schedules

Each group will have a designated homeroom. In homeroom, children will meet at the beginning of the session, plan their day, store their personal items, and participate in different activities. Every group will have an individualized visual schedule. Consistency is key!

Time	Activity	Location
9:00 – 9:20	Welcome Routine	Therapy Room #2 (Homeroom)
9:20 – 9:40	Circle	Circle Carpet
9:40 – 10:00	Craft	Messy Room
10:00 – 10:20	Social and Play	Dramatic play
10:20 – 10:40	Snack	Kitchen
10:40 – 11:00	Tabletop Activities	Therapy Room #2 (Homeroom)
11:00 – 11:20	Group games	Gross Motor Room
11:20 – 11:40	Sensory Exploration	Play room
11:40 – 12:00	Tabletop Activities	Therapy Room #2 (Homeroom)